



HSSE "Message"



TIPS FOR DRIVING SAFELY IN HEAVY RAIN

Driving in heavy rain can be challenging. To help you stay safe, follow these tips below on how to drive safely should you get caught in heavy rain.

- **Avoid Driving in Heavy Rain if Possible:** Consider if your drive can be delayed until after the rain has subsided. If not, try to avoid areas that are prone to flooding.
- **Stay Focused:** Stay alert and focused on what's going on around you. Severe weather demands your undivided attention, so be sure to reduce any possible distractions by turning the radio down and turning off your phone.
- **Turn Your Lights On:** Turn your headlights on to make it easier for other vehicles to see you.
- **Give Other Vehicles More Space:** Leave extra room between you and the vehicle ahead of you, double the normal amount is a good rule of thumb. This will give you and the cars behind you more time to react to traffic.
- **Slow Down:** Speed limit signs are designed for ideal conditions, which is not the environment you're driving in when it's raining. Slow down and allow more time to get to your destination.
- **Don't Use Cruise Control:** Cruise control can cause you to lose control. If you hydroplane while you're in cruise control, your car will go faster.
- **Don't Drive on Dirt and Gravel Roads:** Do not drive off-road and avoid dirt or gravel roads during heavy rain. These roads can quickly become too soft for many vehicles and leave you trapped.
- **Stay Clear of Large Vehicles:** If possible avoid driving close to large or fast-moving vehicles. They can create spray which can reduce your visibility.

CAMPING SEASON:



Every one of us agrees that camping in the winter is happened to be the real respite for the people of Kuwait. With the beginning of the winter season, many of Kuwaitis start to get prepared for camping, they pack their belongings and tents and go to the mainland in order to reserve places for them to camp along with their friend or families away from the city noise and pollution.

You will be surprised when you see the desert is packed with large numbers of campers, weekends and public holidays are opportunities for them to go out with their friends or families to

spend a day or two in the desert, as this habit is old for the people of Kuwait. Everyone is waiting for the forthcoming beautiful days. Days that are not repeated all year and we are all keen not to miss the wonderful days from the beginning of the period all way until the end of March.

Finally, we would like to highlight the importance of using safety equipment in the camps, compliance with security conditions and cautions of accidents. Please take care of your children and not leave them without an adult during camping.

HR TRANSMISSION



الشركة الكويتية للنفط الخليج (ك.س.ج)
KUWAIT GULF OIL COMPANY (K.S.C)

"Our way of staying in touch"

December 2019



WHAT IS ATTITUDE AND WHY IT'S IMPORTANT!

- Attitude is more important than the facts, it is more important than past, than education, than money, than circumstances, than what people do or say. It is more important than appearance, giftedness, or skill.
- Attitudes are a secret power working twenty-four hours a day, for good or bad. It is of paramount importance that we know how to harness and control this great force.
- The greatest revolution of our generation is the discovery that human beings, by changing the inner attitudes of their minds, can change the outer aspects of their lives.
- A bad attitude is like a flat tire. You can't go anywhere until you change it. Life has no remote. Get up and change it yourself.
- We must shift our mindset from "it cannot be done, it's almost impossible etc." to a mindset with "it can be done and I will do it". People who say "it cannot be done" should not interrupt those who are doing it.
- Your attitude is more important than your capabilities. Similarly, your decision is more important than your capabilities. You can't always have a good day. But you can always face a bad day with a good attitude.
- The quickest way to change your attitude toward pain is to accept the fact that everything that happens to us has been designed for our spiritual growth.
- People only see what they are prepared to see. We don't see things as they are, we see them as we are.
- Character is the result of two things: mental attitude and the way we spend our time. You cannot tailor-make the situations in life but you can tailor-make the attitudes to fit those situations.
- When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us.

HR "TIP OF THE MONTH"

LEADERSHIP

- = Respect + Trust (respect is based on knowledge and skills while trust is based on concern for people's feelings and needs).
- = Ability to influence others to get excellent and sustained results.
- = Ability to see what others cannot see and visualize end results.
- = Strong belief and trust in Peoples' Capabilities, "Unleash Talents"
- = Figuring out how to harness the resourceful of collective genius.
- = Vision, passion for success with high level of persistence and overcoming significant obstacles.

Humor of the Month

There was an elderly couple who noticed that they were getting a lot more forgetful, so they decided to go to the doctor. The doctor told them that they should start writing things down so they don't forget. They went home and the old lady told her husband to get her a bowl of ice cream with whipped cream and a cherry on top. "Write it down," she told her husband and he said, "No, I got it. You want a bowl of ice cream with whipped cream and a cherry on top." So he goes to get the ice cream and spends an unusually long time in the kitchen, over 30 minutes. He comes out to his wife and hands her a plate of eggs and mashed potatoes. The old wife stares at the plate for a moment, then looks at her husband and asks, "Where's the toast?"

